



## Jigsaw PSHE knowledge and skills progression: Being Me In My World Ages 3-11(12)

Jigsaw, the mindful approach to PSHE is a progressive and spiral scheme of learning. In planning the lessons, Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The table below draws out the spiral knowledge and skills progression within the planned Being Me in My World Puzzle (unit of work) for this age group, includes some of the key vocabulary and contains suggestions for Family Learning

Please ask your child's school for details of any adaptations they have made to the programme in line with their school policy as some of the content and vocabulary may have been changed, or be taught in a different year group. This may be especially true if this is their first year of using Jigsaw PSHE 3-11.

BMIMW	Knowledge	Social and Emotional Skills	Questions for Family Learning
<b>Ages 6-7</b>	<ul style="list-style-type: none"> <li>Identifying hopes and fears for the year ahead</li> <li>Understand the rights and responsibilities of class members</li> <li>Know that it is important to listen to other people</li> <li>Understand that their own views are valuable</li> <li>Know about rewards and consequences and that these stem from choices</li> <li>Know that positive choices impact positively on self-learning and the learning of others</li> </ul>	<ul style="list-style-type: none"> <li>Recognise own feelings and know when and where to get help</li> <li>Know how to make their class a safe and fair place</li> <li>Show good listening skills</li> <li>Recognise the feeling of being worried</li> <li>Be able to work cooperatively</li> </ul>	<ul style="list-style-type: none"> <li>What are you looking forward to this year?</li> <li>Are you worried about anything that might happen this year?</li> <li>Can you tell me some good (positive) choices a person can make in school?</li> <li>How do you show you are a good listener?</li> <li>What do you do to get on with other children?</li> <li>If you're worried about something, who can you ask for help in school and at home?</li> <li>How does your teacher reward /praise children who make positive/helpful choices?</li> <li>What are the Jigsaw Friends in your class called? How are the Jigsaw Friends used in your Jigsaw lessons?</li> <li>Can you tell me about Calm Me time?</li> </ul>
	<p>In this Puzzle (unit) the children discuss their hopes and fears for the year ahead – they talk about feeling worried and recognising when they should ask for help and who to ask. They talk about rights and responsibilities; how to listen to each other and how to make their classroom a safe and fair place. The children talk about choices and the consequences of making different choices, set up their Jigsaw Journals and make the Jigsaw Charter.</p>		
	<p><b>New key vocabulary that may be introduced:</b> Worries, Hopes, Fears, Responsible, Actions, Praise, Positive, Negative, Choices, Co-Operate, Problem-Solving.</p>		

<b>Notes for</b>	<b>School</b>
------------------	---------------